

## AUGUST RUSH 4 TWENTY EIGHTEEN (INTRO)

**WELL WE MADE IT THROUGH JULY. LET'S GIVE OURSELVES THREE CHEERS. HIP, HIP, HIP HURRAY! THERE WERE QUITE A FEW CHALLENGES, LET'S ALL CONNECT WITH EACH OTHER NOW TO SHARE AND EXPERIENCE ESSENTIAL SUPPORT. WE HAVE BEGUN TO MOVE INTO THAT HIGHER LEVEL OF LOVE THAT IS DEMANDED BY THE REST OF THIS YEAR.**

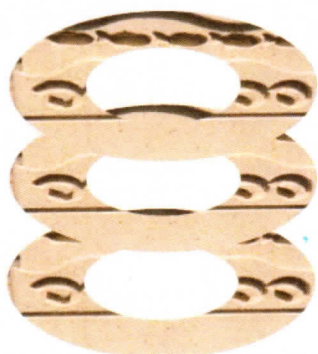
**AUGUST WILL BE INTENSE BECAUSE THERE ARE SOME THINGS THAT ARE TO BE SET BEFORE WE ENTER SEPTEMBER. THIS IS TRUE AT A GLOBAL LEVEL  AND A PERSONAL LEVEL.**

**THERE ARE PHYSICAL RESETS THAT WILL OCCUR THIS MONTH, THERE ARE EMOTIONAL HEIGHTS THAT WE WILL BE REQUIRED TO MASTER. ALSO, REMEMBER, THAT IT IS IN AUGUST WHEN GETTING SOMETHING THE FIRST TIME WILL BE ESSENTIAL. IF SOMETHING TAKES YOU TWO OR THREE TIMES TO GET IT, IT WON'T BE PRETTY.**

**WE HAVE THREE COUNTRIES RISING THIS MONTH, WE WILL ALSO BE ADVANCING VERY STRONGLY INTO AIR TIME.**



**SO LOTS GOING ON. BUT, YOU HAVE A LOT GOING FOR YOU, YOU HAVE BEEN DOING YOUR EMOTIONAL WORK, YOU HAVE BEEN WORKING WITH VENUS, YOU HAVE BEEN REMEMBERING THE IMPORTANCE OF SURRENDER. THIS IS A LOT, BUT YOU HAVE LOTS OF STRENGTH AND SOUL TALENTS TO TAP INTO.**



**THE DOCUMENT ON THE NEXT PAGE IS ONE THAT I WILL POST IN ABOUT A WEEK.**



**Magenta EXPRESS SHARES - AUGUST RUSH**

**I CAN SUMMARIZE (SUMMER RISE) THIS MONTH IN TWO WORDS: AUGUST RUSH**

**TIME WILL RUSH PAST US NOW**

**THERE IS MUCH TO BE PASSED BEFORE WE ARRIVE AT FALL.**

**FALL WILL BRING WITH IT AN ENERGY THAT WE HAVE NOT EXPERIENCED SINCE LEMURIAN TIMES**

**WHAT IS KICKING IN IS FINAL TIME**

**FINAL TIME: THE ARRIVING OF TIME TO IT'S RESTING PLACE OF TOTALLY ESSENTIAL**

**WE HAVE BEEN IN ESSENTIAL TIME FOR A WHILE, BUT MOVING TO TOTALLY ESSENTIAL TIME WILL BRING HOME TO EVERYONE THE FLEETING NATURE OF TIME**

**THIS WILL PANIC THE SOULS THAT CHOOSE NOT DONE (SEE REMEMBER THIS CHOICE ON YOUTUBE THIS IS ON OUR YOUTUBE CHANNEL) AND SOOTHE THOSE SOULS THAT CHOOSE DONE.**

**THIS MONTH IS WHEN THE GAP BETWEEN THE TWO CHOICES WILL REALLY SHOW UP. THE OBVIOUS AND ESSENTIAL DIFFERENCE OF THESE TWO CHOICES WILL ONLY BECOME MORE AND MORE HIGHLIGHTED FROM NOW ON**

**WE ARE LIVING IN THE GAP NOW—HOLD ONTO PATIENCE**

**LOVE, Magenta EXPRESS**

## Magenta EXPRESS SHARES - IT'S THAT TIME

**I HAVE TALKED ABOUT THE IMPORTANCE OF LETTING GO OF LIFE**

**BY LIFE, I MEAN A PARTICULAR WAY OF LIVING, THAT IS BASED ON AND PERPETU-  
ATES THE ILLUSION OF NEED**

**WHEN FALL ARRIVES THERE WILL BE A SLAM OF ENERGY THAT WILL PROPEL PEOPLE  
INTO LETTING GO OF "A WAY OF LIFE" AND PUSH THEM STRONGLY TO LAND SOLIDLY  
AND SOULFULLY IN LIVING**

**WE ARE TO MORE STRONGLY FEEL THE BEAUTY OF LIVING**

**WE ARE TO ASCEND TO A STATE OF LIVING  
AND THUS LEAVE LIFE BEHIND**

**WE HAVE HAD MANY LIVES IN OUR TIME**

**WE HAVE FELT AND SEEN MANY TIMES A LIFE IS NOT FOREVER**

**BUT LIVING IS FOREVER**

**THE PRETENCES OF LIFE WILL BE FALLING AWAY**

**THE 4EVER LIVING IS TO BE EMBRACED**

**LIVING FOREVER IS TO BE REMEMBERED**

**IT IS TIME**


**MAY THE GRACE OF LOVE SUPPORT YOU**

**LOVE, Magenta EXPRESS**

## AUGUST RUSH 4 TWENTY EIGHTEEN (TIPS)


THE DOCUMENT ON THE PREVIOUS PAGE IS ONE THAT I WILL POST TOWARD THE END OF THE MONTH

WITH ALL THE STUFF GOING ON THIS MONTH, I KIND OF FEEL LIKE A COACH SO I BETTER GET MY WHISTLE

THE WAY I SEE THIS IS THERE ARE TWO KEY THINGS: THE PHYSICAL IMPACT BECAUSE OF THE 3 DNA SHIFTS THIS MONTH, AND RIDING THE GAP (I BETTER GET MY SURFBOARD)   
OK I'VE GOT IT LET'S GO

### DNA SHIFTS TIPS:

**THE 5TH DNA SHIFT** BEGINS 8-8-18 IT WILL TARGET THE REPRODUCTIVE ORGANS (IT IS TIME TO REMEMBER WHAT WE WERE CREATED FOR THIS TIME) THE BEST WAY TO ACCLIMATE TO THIS SHIFT WILL BE RUBBING AN INCH ABOVE YOUR BELLY BUTTON GENTLE PRESSURE MOVING HAND FROM RIGHT TO LEFT (I WILL HAVE MORE DETAILS ON THIS SHIFT IN THE DAY BY DAY.)

**THE 6TH DNA SHIFT** BEGINS 8-18-18 THIS WILL PIGGY  BACK ON THE PREVIOUS SHIFT. THIS WILL TARGET AND ALSO AMPLIFY THE MAGNETIC RESONANCE OF OUR PELVIC BONE. REMEMBER BEFORE WHEN I SAID HIP, HIP, HIP, HURRAY-THE BEST WAY TO NAVIGATE THIS SHIFT IS TO MOVE YOUR HIPS FRONT AND BACK, NOT SIDE TO SIDE. YOU ARE BRINGING THE TRUE FEELING OF FREEDOM SO IT IS BACK IN FRONT OF YOU (I WILL HAVE MORE DETAILS ON THIS SHIFT IN THE DAY BY DAY)

**THE 7TH DNA SHIFT** BEGINS 8-28-18 IT WILL TARGET THE SPINAL COLUMN AND NECK, GET A MASSAGE, USE ROSE OIL TO MASSAGE YOUR NECK, TILT YOUR HEAD FROM SIDE TO SIDE GENTLY. THERE IS A BALANCING OF THE SOUL'S ROWS AND COLUMNS THAT WILL CONTINUE UNTIL SEPTMEBER 3RD 2018

## AUGUST RUSH 4 TWENTY EIGHTEEN INTERPERSONAL TIPS

AS I SAID IN THE INTRO THE GAP WILL BE MORE OBVIOUS IN ENGLAND WHEN YOU GET ON THEIR TUBE, IT SAYS: MIND THE GAP WHAT I AM RECOMMENDING IS HEART THE GAP HEART THE GAP: 1ST ASK: IS THIS THE TRUE SOUL, NO AND YOU KNOW THAT; NEXT SHOWER YOURSELF WITH **ORANGE** THEN PUSH THE ENERGY AND COLOR OF **ROSE QUARTZ** ALL AROUND YOU

THIS WILL BE VERY HELPFUL WHEN YOU ARE OUT AND ABOUT. IF YOU LIVE IN THE GAP IN YOUR HOUSE, FREQUENTLY BREATHE THIS **COLOR**, AND MASSAGE YOUR KNEES. THEY MAY LIVE IN THE ILLUSION OF NEED BUT YOU DO NOT

ALONG WITH THESE I ALSO SUGGEST THAT BEFORE YOU GO OUT/ GET UP THAT YOU LIGHTLY BRUSH YOUR FINGER TIPS FROM YOUR HEART CHAKRA TO YOUR HIGH HEART CHAKRA. EXTRA BOOST IF YOU DO THIS FOR THREE MINUTES, ACCELERATED ACCEPTANCE IF YOU SAY THE WORD: **PLEASE** AT THE SAME TIME AS YOU BRUSH

THE GAP WILL MAKE YOUR TRIGGERS MORE LIKE HAIR TRIGGERS, TO DEAL WITH THAT JOURNAL



I ALSO SUGGEST ANY OF THE JUNE NEXT LEVEL MEDITATIONS: THEY WILL HELP BUFFER THINGS AND KEEP YOU CLEAN



# AUGUST RUSH 4 TWENTY EIGHTEEN (SOUL MESSAGE)

WE CLOSE CIRCLES

WE TURN BY DEGREES

BACK TO LOVE'S DECREE

THE DOOR OPENS WIDE

LOVE IS ON OUR SIDE

WE SEE THE FACING

WE FEEL THE PACING

MOVING AS ONE

IN THE TRIUMPH

FEEL AS SOLID TRUTH BUILDS

FROM THE GROUND UP

WE GROUND UP



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## AUGUST RUSH 4 TWENTY EIGHTEEN (DOWNLOAD)

IN THE TIME BEFORE TIME

WHEN KNOWING WAS FLOWING

AND UNDERSTANDING PASSED FROM SOUL TO SOUL

THE UNFATHOMABLE WAS IMAGINED

WE ALL WORKING AS ONE ASKED:

CAN IT BE DONE?

THE HEART OF BELIEVING IS COMING TO PASS

LIKE A SYMPHONY IT IS RISING IN US

THE FOREVER SONG RISES MORE SOLIDLY

WE **SOLIDLY** REMEMBER

WE MORE **OPENLY** SEE

WE FEEL **UTTERLY** ENCHANTED

WE ARE **LOVE**

THE SUMMER OF LOVE COMES TO A CLOSE

WE ARE HOLDING THE TRUTH OF NOW EASILY

WE HAVE EMBRACED AND NOW EMBODY **LOVE**

IT IS TIME

time is GONE



# AUGUST RUSH 4 TWENTY EIGHTEEN (HELPERS)

**FOODS: (REMEMBER EAT THE FOOD, OR CARRY/TOUCH AN IMAGE)**  
**BLACK CHERRY TO SUSTAIN A HIGHER VIBRATION NO MATTER WHERE YOU ARE OR WHAT IS GOING ON AROUND YOU**  
**BEEF/MEAT—MEET SITUATIONS IN A MORE SOUL BALANCED WAY**  
**CUCUMBERS— ESPECIALLY PICKLED WILL CUE YOU IN ON WHAT IS TO BE**



**FOODS OR BEVERAGES WITH BASIL**



**SPICES: CINNAMON, PEPPER**

**ACTIONS: LAUGHING**



**SITUPS (MAY INCLUDE LAUGHING AT THE THOUGHT OF SIT UPS)**



**COLORS: ANY OF THE COLORS IN THESE PAGES, WITH THE SURE FIRE COLOR OF CORAL TO SUPPORT INSTANT ADAPTATION**



**MUSIC: CLASSICAL, ESPECIALLY PACHELBEL'S CANON IN D**



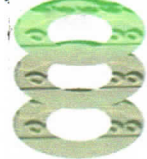
**MANTRA: PAST BECOMES PASSED FASTER**

**I AM AT PEACE AND AT PACE WITH THAT**

**KEY PHRASE: PLANNED ASCENSION, MY ASCENSION, THINGS ARE PLANNED AND EVOLVING TO MEANT TO BE**

**WE HAVE AN ATTACHED IMAGE THIS MONTH: USE YOUR KNOWING OF HOW IT WANTS TO SUPPORT YOU SHIFTING. THE SHAPE UNDERNEATH WILL ALSO HELP**





**AUGUST RUSH 4 TWENTY EIGHTEEN (KEY POINTS)**



**THE BODY WILL BE GOING THROUGH MANY SHIFTS, BE GENTLE WITH YOUR SELF**

**WE WILL BE MOVING MORE STRONGLY INTO AQUARIUS ENERGY, MORE ON THIS WILL BE IN THE NEXT LEVEL)**

**WE ARE IN AIR TIME: FAST WILL BECOME FASTER, THERE WILL BE THREE KEY ACCLIMATION DAYS FOR THIS: 13TH, 23RD, 27TH (MORE WILL BE IN THE DAY BY DAY)**

**WE HAVE SOME MAJOR COSMIC INFUSION DAYS THEY ARE ALIGNED WITH HEAVY, HEAVY, HEAVY CODE DOWNLOAD, THE PERCENTAGE OF CODE DOWN LOAD WILL EXPONENTIALLY BUILD. THIS WILL BUILD THE FOUNDATION FOR THE SEISMIC REGROUNDING THAT IS TO OCCUR ON SEPTEMBER 1 2018**

**(THERE IS A LITTLE BLURB ON THAT IN THE DAY BY DAY)**



**THE THREE INTERSOULULAR DNA SHIFTS (SEE TIPS PAGE)**

**THE ENERGY OF OPEN WILL BEGIN TO BE DEEPENED 8-8-18 (MORE ON THIS IN THE DAY BY DAY)**

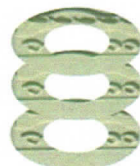
**RISING COUNTRIES: FRANCE 8/8/18; TIBET 8-18-18; ENGLAND 8-28-18**

**ASPECTS OF THE ILLUSION LEAVING:**

**A FACTOR OF RIGIDITY LEAVES 8-8-18**

**ENTITLEMENT LEAVING 8-18-18**

**A LAYER OF HATE LEAVING 8-28-18**



**INDONESIA GETS A STRONG SURGE OF ATLANTEAN ENERGY 8-17-18**