

FOR THIS MONTH I AM SUGGESTING THAT YOU REGULARLY REFER BACK TO THE TIPS AND SUGGESTIONS PAGE AND SEE IF THERE IS SOMETHING ON THAT PAGE THAT SPEAKS YOU MORE THAN SOMETHING I SUGGEST, OR SPEAKS TO YOU IN ADDITION TO SOMETHING I SUGGEST

***VENUS PRESENT WILL BRING UP COMMUNICATION ISSUES**

***ARCTURUS PRESENT WILL BE HIGHLIGHTING THINGS THAT DON'T WORK**

6-1-18 BOOST OF ASCENSION ENERGY AVAILABLE TUNE INTO COLUMBIA IN THE AM, AND BRING THE COLOR RED INTO YOUR ROOT AND YOU WILL GET A STRONG REMEMBERING BOOST, HAVING SALSA DURING THE DAY WILL INTENSIFY IT, ALSO BEGINNING OF FIRST LEVEL OF VENUS GOOD TO SAY: LOVE HAS A HOME IN ME

6-2-18 TOMORROW IS BRINGING IN THE HEART WILLINGNESS WAVE THIS WOULD BE A GOOD DAY TO MEDITATE ON THE BEAUTY OF THE HEART

6-3-18 HEART WILLINGNESS WAVE BEGINS SAYING: I HAVE A WILLING HEART WILL BE ENERGIZING AND GROUNDING, PEARS WOULD BE GOOD TODAY

**6-4-18 THIS IS A GOOD DAY TO EAT BLACK BEANS ALSO GOOD TO SAY: ILLUMINATE ME IN EVERY WAY MY HEART IS WILLING
(ARCTURUS BEGINS THE FIRST DEGREE OF ILLUMINATION)**

**6-5-18 THIS IS A LARGE DAY BECAUSE IT IS THE DAY WHEN THE HEART WILLINGNESS CAN FIRST BE MET AND BECAUSE AN ASPECT OF THE ILLUSION WILL LEAVE STUBBORNNESS (I KNOW WHAT WILL I DO?)
GOOD TO EAT BEETS, APPLY GREEN IN YOUR TOES, AND DANCE THE WILLINGNESS OF YOUR HEART**

6-6-18 GREAT DAY TO SAY: I SIT IN ACCEPTANCE ACCEPTANCE LIVES IN ME

6-7-18 NEW SANDS OF TIME RHYME KICKS IN GOOD TO CONNECT WITH BRAZIL, ARCTURUS BEGINS TO BRING IN THE THIRD DEGREE OF ILLUMINATION IN EVEN THOUGH THE SECOND DEGREE HASN'T BEEN BROUGHT IN YET. THIS WILL MOVE LOTS OF ENERGY: BREATHE BLACK, EAT YOGURT, ESSENTIAL OIL SUGGESTED IS GRAPEFRUIT

6-8-18 BELGIUM RISES AND THIS IS A MAYAN DEPTHS DAY, IT WILL IMPACT THE HUMAN. GOOD TO TAKE TIME TO GROUND IN THE AM THE KNEE BENDING IS GOOD, ROSE OIL WOULD BE GOOD TO WEAR, SAYING: I CALYPSO OPEN FOR A FEW TIMES/MINUTES IN THE AFTERNOON IS RECOMMENDED

6-9-18 ARCTURUS RETURNS TO THE FIRST DEGREE OF ILLUMINATION SAY: LIGHT HAS A HOME IN ME, RECOMMENDED FOOD IS BANANAS THE PUSH FOR HEART WILLINGNESS WILL DRAMATICALLY INCREASE BECAUSE IT MUST BE REACHED TODAY, EXPECT PEOPLE TO BE FEELING THAT USE ORANGE OIL

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6-10-18 THE DEEPEN SOUL SURRENDER WAVE BEGINS, AND VENUS WILL BE RISING AND ARCTURUS WILL BE BRINGING IN SECOND DEGREE OF ILLUMINATION FOR THE FIRST TIME

SAY: SURRENDER IS KNOWN TO ME SURRENDER IS IN ME

GOOD ALSO TO FOCUS ON THE GROUNDING WORDS IN TIPS AND SUGGESTIONS ESPECIALLY DEEPEN

6-11-18 THIS IS A MANTLE, MAGMA, AND CORE UPLOAD DAY, THIS WILL UN-EARTH THINGS FOR AND IN PEOPLE TEND TO YOUR CORE 4 AND BE AWARE

EAT PROTEIN, WEAR RED, CARRY ORANGE OIL

6-12-18 ARCTURUS FINISHES THE FIRST DEGREE OF ILLUMINATION, THIS WILL AGGRAVATE SOME SOULS, BE SURE AND DO SOMETHING FUN AND LIGHT TODAY, MAYBE THE RISE CHEER!

FOOD: RASPBERRIES, GREEN BEANS

GROUNDING WORDS: DELIVER, RETURNS

PHRASE: EVERYTHING IS ILLUMINATED TO ME AND IN ME FOR I AM LOVE

VENUS WILL ALSO BE AMPLIFIED ON THIS DAY SO REALLY CONNECT WITH THE ENERGY OF LOVE

6-13-18 THE AZTEC HEIGHTS DNA FINE TUNING STARTS, PINE WOULD BE A GOOD OIL, MACADAMIA NUTS GOOD FOOD, BALANCING COLOR BLUE ACROSS YOUR SACRAL

REMEMBER TO MASSAGE YOUR INNER LEFT ELBOW IF YOU FEEL TIRED

6-14-18 THIS IS A GOOD DAY TO BREATHE THE COLOR OF THIS FONT AND TO SAY: I HAVE SURRENDERED FOR I HAVE REMEMBERED

6-15-18 THE PRESSURE ON THE SOUL WILL INCREASE DRAMATICALLY TODAY, BE AWARE AND USE YELLOW ACROSS THE BACK OF YOUR NECK TO TAKE STRONGER SOUL STEPS TODAY

THIS IS AN AZTEC HEIGHTS DAY TEND TO YOUR ENERGY WITH SOME DEEP BREATHING AND BY MASSAGING YOUR INNER LEFT ELBOW

6-16-18 THIS IS A MANTLE, MAGMA, AND CORE UPLOAD DAY AND THE POINT WHERE SOUL SURRENDER HAS TO BE DEEPER—PEOPLE WILL BE ALL OVER THE PLACE TODAY - TAKE CARE OF YOURSELF

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6-17-18 THIS WAVE WILL MOVE THE HEART TO A **GREATER EMBODIMENT OF GRACE MY SENSE IS THAT THERE WILL BE A STRONG ENERGY OF CLEARING THIS DAY**

FOOD: EAT WHAT MAKES YOU SMILE, COLORS WEAR WHAT BRINGS YOU JOY TAKE TIME TO MAKE ROOM FOR GRACE

6-18-18 AGAIN IN THE MORNING INVITE GRACE TO MOVE WITH YOU ALL DAY THIS IS A MAYAN DEPTHS DAY THAT WILL IMPACT THE SOUL, THIS DAY WILL MOVE THINGS OUT OF THE WAY, BE PREPARED

VENUS RISING WILL ROUND OUT THE FIRST LEVEL OF AWAKENED LOVE THIS WILL BRING UP LONG STANDING ISSUES OF UNWORTHINESS

6-19-18 A STRONG JOINING OF VENUS AND ARCTURUS TODAY, VENUS STARTING THE SECOND GOAL OF MOVING INTO PEACE, AND ARCTURUS FINISHING UP THE SECOND DEGREE OF ILLUMINATION, EXPECT A GREAT DEAL OF LIGHT TO BE SHED

GROUND WITH THE GREEN IN YOUR TOES IN THE AM, GOOD GROUNDING WORDS: CALYPSO CARRY ME THROUGH

6-20-18 THIS IS A GOOD DAY TO FOCUS ON BALANCING CHECK OUT THE TIPS AND SUGGESTIONS PAGE FOR WHAT MOST SPEAKS TO YOU AND TAKE TIME TO SPEAK TO YOUR HEART: ALL I HAVE IS TIME

6-21-18 TERETUS WILL BRING IN FROM THE TIME OF THE FALL OF THE ROMAN EMPIRE, THIS WILL MOVE A LOT OF ROOT ENERGY SO BE SURE AND EAT PROTEIN, A GOOD OIL WOULD BE A TREE BASED ONE, I SEE THIS ENERGY AS REALLY PUSHING PEOPLE SIDWAYS, BE WARY WHEN YOU ARE DRIVING

6-22-18 THE PUSH TOWARD **GRACE INTENSIFIES ON THIS DAY AND WILL BRING AN ESPECIALLY STRONG UPLOAD FROM THE CORE, MAKE ROOM FOR GRACE IN YOUR CORE AND IN YOUR LIVING: **GRACEFUL LIVING ENFOLD ME****

6-23-18 MORE PUSHING BY **GRACE THIS WILL STRONGLY IMPACT THE SOLAR PLEXUS, BRING PINK INTO YOUR BELLY BUTTON AND ENVISION A STRONGLY SOLID CORE GRACE THAT SUSTAINS YOU AND GUIDES YOUR COMMUNICATION **VENUS** RISING WILL FORCE HARMONIZING COMMUNICATION**

JUNE 2018 4CAST DAY BY DAY PAGE 4
DATES IN BLACK ARE UPDATES

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6-24-18 THIS WAVE WILL MOVE THE HEART TO A FULLER EXPERIENCE OF SADNESS, THIS DAY WILL MOVE LOTS OF ENERGY

BREATHE BLUE, EAT BEETS, WEAR PINK ESPECIALLY ON YOUR FEET

THIS ARCTURUS FINISHING DAY OF THE THIRD DEGREE OF ILLUMINATION WILL PULL IN STUFF FROM 6-7-18, SO CENTER IN THE DEEP ACCEPTANCE OF ALL THAT THAT DAY TO THIS HAS BROUGHT

6-25-18 THIS IS ANOTHER AZTEC HEIGHTS DAY, BUT THIS MORE THAN LIKELY WILL MOVE DEEPER INTO THE CELLS AND CREATE GREATER TIREDNESS SO BE WELL AWARE OF THIS, WHEN MASSAGING YOUR LEFT INNER ELBOW PUSH IN THE COLOR BLUE, EATING MACADAMIA NUTS SUGGESTED

6-26-18 THIS WILL BE THE LARGEST DAY OF ENERGY MOVEMENT THIS MONTH, IT IS A MAYAN DEPTHS DAY (TURN THE WHEEL) THAT WILL OPERATE ON THE ESSENTIAL LEVEL AND AS SUCH COULD REALLY SHAKE THINGS UP IF IT IS DEEMED THAT A MAJOR COURSE CORRECTION IS REQUIRED

FULLER EXPERIENCE OF SADNESS ENERGY BUILDS STAY CENTER CONNECTED GOOD DAY TO DANCE, BREATHE INTO THE SHAPE IN THIS BACKGROUND, EAT PEARS, DO WHAT COMFORTS YOU AND REALIZE THAT WHILE YOU KNOW WHAT IS GOING ON OTHERS DO NOT, BE AWARE OF EMOTIONAL STORMS

6-27-18 THIS WILL BE A BIG SHIFT PREP DAY; THAT WHICH IS TO COME ON THE NEXT DAY ENSURES THAT THINGS WILL NEVER BE THE SAME; TAKE CARE OF YOUR SELF AND SAY GOOD BYE TO WHAT HAS BEEN

6-28-18 THIS WILL BRING THE RISING OF EGYPT/LOVE I SEE THIS DAY HAS THE ENERGY OF TILTING AND LETTING EVERYTHING FALL OFF THAT DOESN'T SERVE LOVE THERE WILL ALSO BE DEEP CELLULAR REVISING ABOUT WHAT LOVE REALLY IS, THIS WILL CONTRIBUTE TO A DEEP TIREDNESS THAT WILL BE EXPERIENCED BY THE END OF THE DAY, BE PREPARED

THIS DAY TAKE TIME TO BE BY WATER TOUCH WATER FOR SURE DRINK IT

6-29-18 FULLER EXPERIENCE OF SADNESS WILL BE STRONGLY PUSHING TODAY BECAUSE IT IS THE LAST DAY IT CAN BE MET, CARRY ROSE AND/OR WEAR IT TAKE TIME TO EMBRACE LOVE: ALL I AM IS LOVE

6-30-18 VENUS COMPLETES THE LOVE MOVES LEVEL AND THE WAVE MOVING HEART TO A MORE THOROUGH UNDERSTANDING OF ANGER BEGINS WRIST GROUNDING MOVE (TIPS), EAT BERRIES, WEAR YELLOW, HOLD ORANGE

JUNE 2018 4CAST BONUS

THE WORDS THAT FOLLOW ARE THE PLANNED ASCENSION CODE IN THE RISING ORDER (OUR FRIEND B SAYS TO SAY IT'S FOR THOSE OF YOU PLAYING ALONG AT HOME!)

FROM INDIA

BEAUTY

FROM IRELAND

SACRED

FROM ICELAND

WONDER

NEW ZEALAND

BIRTH (THE)

MEXICO

PROMISE

CANADA

REMEMBER (THE)

ITALY

VOW

ZAMBIA

ALWAYS ALL WAYS

AUSTRALIA

INNOCENCE.

PERU

FAITH

BELGUIM

AWAKEN

EGYPT

LOVE





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